

AGENDA

2018 Fall Webinar Series: PCIT and CPP: Exploring Two Evidence-Based Therapies for Children

October 2, 2018 – 12 PM to 1 PM – Online Webinar

Training Overview:

This is the second live webinar of our 2018 Fall Webinar series entitled Building Blocks for Babies: Quality Assessments Lead to Better Early Childhood Mental Health.

This webinar provides an overview of two evidence-based interventions for children with emotional and behavioral disturbances and their caregivers. Participants will gain a greater understanding of phases of treatment, as well as which intervention is the most appropriate for age range, presenting issue and related symptoms.

Speaker: Jea Theis, LIMHP, LISW

Jea Theis is a licensed independent mental health counselor and social worker. Jea has been working in the social services and mental health field for over fifteen years, starting out in the area of family violence, as a men's domestic violence counselor and CPS worker. After completing her MSW degree, Jea practiced in a community mental health counseling center, worked as a social worker and grief counselor for a home and hospice agency, and has spent many years working children and families impacted by sexual abuse and other trauma.

Jea has received specialized training in EMDR, Trauma-focused Cognitive Behavioral Therapy, Parent-child Interaction Therapy (PCIT), Child-Parent Psychotherapy (CPP) Teacher-Child Interaction Training (TCIT), Reflective Supervision and Compassion Fatigue. Jea is passionate about increasing awareness around compassion and caregiver fatigue - providing education and consultation to agencies and supporting those working in helping professions in our community. Jea is co-founder of a new and innovative mental health practice called Omaha Therapy and Arts Collaborative (OTAC) which opened in April 2016.

