

Child-Parent Psychotherapy Work Reimbursement Eligibility

Updated July 1, 2024

Scope:

To reimburse CPP clinicians for activities important to CPP, but not generally reimbursable by Medicaid/insurance.

Who can request reimbursement?:

Any Nebraska licensed clinician who is fully trained in or being currently trained in CPP.

What is reimbursable?*

1. Initial Assessment
 - a. Activities allowable: interviews, completion of checklists, screenings and other evaluative tools recommended by CPP, writing assessment.
 - b. Maximum reimbursement – 3 hours per case**
2. Team meetings
 - a. Activities allowable: Meeting with a group of individuals who work with the family (examples include caseworkers, attorneys, school personnel, early childhood education staff, etc.)
 - b. Maximum reimbursement – 1 hour per month per case**
3. Parent-only therapy session
 - a. Activities allowable: Meeting with caregivers without child present to work on therapeutic goals.
 - b. Maximum reimbursement – 2 hours per month per case**
4. Progress reports/updates
 - a. Activities allowable: Writing a progress report or letter at the request of another party for the purposes of updating the other party on the progress of therapy.
 - b. Maximum reimbursement – 2 hours per month per case**
5. Consultation with NRPVYC or CPP trainer (excludes required consultation calls in CPP training program)
 - a. Activities allowable: reflective consultation, case-specific consultation.
 - b. Maximum reimbursement – 1 hour per month**
6. CPP trainee supervisor consultation with NRPVYC or CPP trainer
 - a. Activities allowable: consultation required by CPP training, case-specific consultation.
 - b. Maximum reimbursement – 1 hour per month**

How often can I request reimbursement?

Reimbursement requests can be submitted up to a monthly basis. NRPVYC requests that reimbursement requests are submitted no later than 6 months after the service date.

Rate of reimbursement:

\$80 / hour

** Note: clinician cannot request reimbursement for an activity that has been partially or fully reimbursed through another funding source.*

Payment Limitations:

Each clinician is limited to requesting up to \$10,000 per year between January 1, 2024, to December 31, 2025, or until available funds have been exhausted.