

2024 Fall Webinar Series

Reflective Parenting: Understanding the Parent-Child Relationship

This webinar series will explore how a parent's ability to reflect on their interactions with their child (reflective capacity) affects the child's mental health development.



Sept. 10th The Critical Impact of Reflective Function on the Parent-Infant Relationship
Deb Wesselmann, MS, LIMHP

Sept. 26th Impacting Reflective Function of Parents with Young Children through a Mentalization-Based Approach
Deb Wesselmann, MS, LIMHP



Oct. 9th Parental Insightfulness and its Importance for Healthy Development
David Oppenheim, PhD



Oct. 24th Working with Adult Attachment Patterns in Child-Focused Therapies
Sarah Bernhardt, MA, LIMHP, LCPC

Registration is free!

All sessions held via Zoom from 12-1 p.m. (CT)

Questions? Email Haifaa: hal-saadi2@unl.edu

nebraskababies.com/events



NEBRASKA RESOURCE PROJECT
FOR VULNERABLE YOUNG CHILDREN



CENTER ON CHILDREN,
FAMILIES, AND THE LAW

