



EMDR Institute, Inc.
Founded By Francine Shapiro, PhD



NEBRASKA RESOURCE PROJECT
FOR VULNERABLE YOUNG CHILDREN



CENTER ON CHILDREN,
FAMILIES, AND THE LAW

Nebraska 2026

EMDR Basic Training

Emphasizing Treatment of Children & Adolescents

Eye Movement Desensitization and Reprocessing (EMDR)

(EMDR) is an evidence-based therapy that helps children ages 2 and above process traumatic experiences or other negative emotions through accessing adaptive memory networks that promote positive shifts in feelings and perceptions.

This is an EMDR Institute Regional Training that is EMDRIA-approved. **This training is exclusively for licensed Nebraska mental health practitioners who treat children and teens in a clinical setting.**

PART 1: JULY 29-31, 2026

PART 2: OCTOBER 21-23, 2026

Includes 10 hours of case consultation after training

Trainer: Debra Wesselmann, MS, LIMHP

Kearney, NE - ESU 10

\$1,500

40 Credit Hours Total

Learn more and register at

NEBRASKABABIES.COM/EVENTS/2026-EMDR

