



Building Resilience and Relationships: *An Introduction to Reflective Practice in Nebraska*

Discovery Webinar

This **Discovery Webinar** provides an overview of how reflective practice can support your work.

Helping professionals are engaged in work that can be both rewarding and emotionally taxing. At the **Nebraska Center on Reflective Practice**, we strive to equip professionals with the knowledge and skills to attune with self and others through our training programs.

Attendees will:

- Become acquainted with the concept of reflective practice.
- Learn how reflective practice can positively impact their work.
- Be introduced to our three training programs: FAN, CE-CERT, and Supervisor.
- Learn how our training programs have impacted participants.

2026 Dates:

June 11 (12-1 pm)

August 5 (12-1 pm)

October 6 (12-1 pm)

December 9 (12-1 pm)

Registration is free!

Questions? Contact Dayna at dgoff3@unl.edu

nebraskababies.com/events

