



# Building Resilience and Relationships: *An Introduction to Reflective Practice in Nebraska*

Discovery Webinar

This **Discovery Webinar** provides an overview of how reflective practice can support your work.

Helping professionals are engaged in work that can be both rewarding and emotionally taxing. At the **Nebraska Center on Reflective Practice**, we strive to equip professionals with the knowledge and skills to attune with self and others through our training programs.

## Attendees will:

- Become acquainted with the concept of reflective practice.
- Learn how reflective practice can positively impact their work.
- Be introduced to our three training programs: FAN, CE-CERT, and Supervisor Trainings.
- Learn how our training programs have impacted participants.

## 2027 Dates:

**March 2**

**June 4**

**September 9**

**December 6**

*All sessions will be held from 12-1 pm CT*

**Registration is free!**

Questions? Email us at [nrpvyc@unl.edu](mailto:nrpvyc@unl.edu)

**[nebraskababies.com/events](https://nebraskababies.com/events)**

